



Health Promoting Schools: Creating Healthy School Communities

DATES: April 24 & 25 and May 21, 2024

NOTE: This module is open to all educators across the province and will be delivered in-person.

TIME: 9:00 am – 3:30 pm

LOCATION: Tri County Regional Centre for Education, Operations Building, 28 RCom Drive, Hebron, NS

TO REGISTER: [Educational Leadership Consortium of Nova Scotia - ELCNS](#)

COST: \$750.00 + HST per person

FOR MORE INFORMATION: Sharon MacCuspic, ELCNS Professional Learning Coordinator, smaccuspic@elcns.ca

FACILITATORS: Lori Sigfridson and Antony Card

DESCRIPTION: This module will critically explore concepts and topics related to individual, school and community health. These areas of focus will provide participants with a foundation for creating the essential conditions for a flourishing school employing a HPS approach. Participants will

- think critically about their own knowledge, skills and attitudes related to health and well-being.
- apply their learning through sharing, listening and working together to find strategies that will create the conditions that students need to be healthy and successful.
- explore health promoting schools models, concepts and its implementation within the Nova Scotia context; and
- assess their own health-related values, explore health-related concepts and skills, and design a school-based health promoting schools plan.



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